



Dr. Monique M Andrews MSc DC DNM

Professional Development

“Do not follow where the path may lead. Go instead where there is no path and leave a trail.”

My development as a Functional Medicine Practitioner is based on my vision to bridge the gap between conventional medicine and natural health care. I am constantly striving to bring to my patients the best techniques and therapies, implementing the latest research and technologies available in Functional Medicine today. My purpose is always to help my patients live the most vital and productive lives possible by creating personalized, step-by-step programs to promote health while enhancing vitality and longevity.

- 2008** *The Science of Intuition: Developing Yours* Heartmath Institute Webinar, June
Speaker-Heel Homotoxicology Symposium: Homotoxicology from a Clinical Business Perspective
Toronto, April; Edmonton, May; Vancouver May
Is Regulating Inflammation the ‘Cure’ to Disease? Homotoxicology in Acute and Chronic Conditions
Tamara MacIntyre, MSc, DC, DNM, Vancouver, BC May
Advanced Detoxification & Drainage for Long-lasting Clinical Results
Michel Groleau, BPharm, D.P.H., Vancouver, BC May
Biological Medicine, Homotoxicology and Oncology
Karim Dhanani, BSc, BA, ND, Toronto, ON April
Clinical Use of Homotoxicology in Psychosomatic Disorders
Gurinder Dayal, BSc, ND, Toronto, ON April
- 2007** *Neuroprotection: A Functional Medicine Approach to Common & Uncommon Neurological Syndromes*
IFM Webinar Series Jay Lombard, DO November
Advanced Energy Medicine and Human Performance with Jeff Spencer DC CCSP, Chicago IL October
The Tip of the Iceberg: Recognizing Celiac Disease IFM Webinar Series Thomas O'Bryan October
TSH Tunnel Vision: Looking at the Whole Picture in Thyroid Dysfunction with Patrick Hanaway, MD;
IFM Webinar Series October
Practical Detoxification & Homotoxicology with Alta Smit MD PT DHom, Montreal QC May
- 2006** *Applying Functional Medicine in Clinical Practice (AFMCP)*, Certification
Functional Medicine Certified Practitioner (6 day Intensive) – Fort Lauderdale, FL November
The Ultimate Detoxification Program Webinar with Dr. David Minkoff, July
The Role pH plays in Detoxification with Phil Cappellano, Ottawa ON May
Geriatrics, Anti-aging & Homotoxicology Alta Smit MB BSc Phys MF Hom.– Montreal, PQ April
BioImpedance Analysis: Advanced Training with Phil Cappellano, Ottawa, ON February
Inflammation, Pain & Healing Maureen Horne-Paul ND – Ottawa, ON February
Autoimmune Diseases: Condition Management Series with Phil Cappellano, Ottawa, ON January
Functional Endocrinology Datis Kharrazian, DC MS FAACP – Orlando, FL January
- 2005** *Energy Medicine and Human Performance* Jeff Spencer DC CCSP/James Oschman PhD– Chicago, IL
November
Homotoxicology & Respiratory Conditions Maureen Horne-Paul ND – Ottawa, ON November
Homotoxicology of Skin Disorders Gurinder Dayal, ND - Ottawa, ON October
Integra In Office Nutritional and Metabolic Urinalysis Seminar Stephen Stiteler, LAc, OMD, DHom,
Chicago, IL August
Level 1 Strength & Conditioning Coach/Personal Trainer Certification- SPI, Ottawa, ON August

The 12th International Symposium on Functional Medicine: The Immune System under Siege – Palm Springs, CA May

Metabolic Disease, Syndrome X & Homotoxicology with Alta Smit MD PT DHom – May

The Adjuvant Homotoxicological Treatment of Cancer Alta Smit MD PT DHom - May

Advanced Homotoxicology with Alta Smidt MD DHom– Toronto, ON February

- 2004 *Biological Terrain Analysis* Han van de Braak ND PhD, October/November
Introduction to Homotoxicology Maureen Horne-Paul ND – Ottawa, ON, September
Introduction to Oligo Therapy Renee Gerard - Ottawa, ON, August
Dr. Brimhall's 10 Steps to Wellness-Advanced Atlanta, GA, June
Dr. Brimhall's 10 Steps to Wellness-Basic, Intermediate & Advanced Toronto, ON, May
Metabolic Disease - Alta Smit MB BSc Phys MF Hom.– Ottawa, ON April
Synergy Institute – Advanced Cold laser techniques, Jennifer Wise DC – Chicago, IL April
Introduction & Advanced Kinesiotaping Roger Berton DC – Ottawa ON, February

2003 *Neuro-Immunology*, Dan Murphy, Davenport, IA August

2002 and previous

- Orthopaedic and Neurological Assessment* Pierre Deslaurier DC, Davenport, IA August 2001
Opening a Chiropractic Practice Larry Markson DC, Davenport, IA August 2001
Training a Chiropractic Assistant Sherry Hodge, Davenport, IA August 2001
The Master's Circle Larry Markson DC – Palmer Lyceum, Davenport, IA August 2000
Bio Geometric Integration (BGI)- BGI I, BGI II, BGI III/Advanced-Sue Brown DC
Chicago, IL, Spartensburg, SC, Tampa, FL, Toronto, ON
Toftness Post Graduate Chiropractic Technique David Toftness, DC – Amery, WI 2000
Logan Technique – Davenport, IA 1999-2001
CranioSacral Therapy I The Upledger Institute – Madison, WI 2000
Whitney Transitions Chiropractic Consulting– Davenport, IA, Toronto, ON 2000-2001
Toftness Post Graduate Chiropractic Technique with David Toftness, DC – Amery, WI December 1999
Blair Upper Cervical Technique with Tom Forrest DC, Davenport, IA May 1999
Active and Passive Care: Physiotherapy Protocols, Davenport, IA 1999
Palmer Institute for Professional Advancement- Student Success, *Davenport, IA 2000-2001*
LYCEUM 1998, 1999, 2000, 2001, 2002 *Palmer College of Chiropractic*
The Patient Lecture, Joe Flesia, D.C., Davenport, IA May 2000
Syncronicity of Life Arno Burnier DC, October 1999
Vitalism vs Mechanism Arno Burnier DC, March 1999
Energy Medicine Bruce Lipton PhD, January 1999, May 2000
Gentle Adjusting Technique Reggie Gold DC March 1998, Jan 1999, April 1999, Aug 1999, April 2000
Orthopaedic Assessment & Correction of the Upper & Lower Extremities Gerry Provance DC 1998
Adjusting the Upper and Lower Extremities, John Porman, DC
Chiropractic Technique Certifications include Motion Palpation, Upper Cervical Specific, Gonstead, Diversified, Thompson, Activator, Extremities, Palmer College of Chiropractic Curriculum 1998-2001

Teaching Experience

“Success is not merely measured by the sincerity of our intentions, but the intensity of our efforts.”

My commitment to teaching and higher learning has pervaded every facet of my education and I am dedicated to that pursuit in my professional career. Throughout my Graduate and Doctoral work, I worked as an Instructor in a variety of subjects, including but not limited to anatomy, physiology, physical diagnosis, pathology, psychology and philosophy. It is my aspiration to continue teaching throughout my career in Natural Medicine.

Palmer College of Chiropractic

Teaching Assistant - Physical Diagnosis	July 2000- June 2001
Teaching Assistant – Neuromusculoskeletal Assessment	July 2000- June 2001
Teaching Assistant – Chiropractic Techniques	July 2000- June 2001
Laboratory Instructor - Gross Anatomy	Oct 1998- June 2001
Lead Laboratory Instructor - Spinal and Neuro Anatomy	Oct 1998- June 2001
Tutor - Spinal Anatomy, Pathology and Physiology	June 1999- June 2001
Dissector - Gross Anatomy	Sept 1998-October 1999

Research Experience

“Live your life by principle, not by outcome.”

While at Palmer College, my research efforts and consequent paper, *Effects of Upper Cervical Chiropractic Care on Systolic and Diastolic Blood Pressure in a Patient with Moderate Hypertension*, was submitted for publication by the Palmer Center for Chiropractic Research, the largest Chiropractic Research Consortium in the world. At Carleton University, my research experience included extensive study in the neuroendocrinology of reward and the neuroimmunology of depression.

Carleton University, Life Sciences Research Institute
Research Associate

Sept 1994 - June 1996